

## FINAL SCHEDULE F-25 (2024-2025)

### **01 Square Loop on Corner with 1/4 roll integrated, 1/2 roll integrated, 1/2 roll integrated, 1/2 roll integrated, 1/4 roll integrated:**

From upright, pull through a one eighth loop with 1/4 roll integrated into a 45° knife-edge upline, perform a 1/4 knife-edge loop with 1/2 roll integrated into a forty five degree knife-edge upline, perform a 1/4 knife-edge loop with 1/2 roll integrated into a forty five degree knife-edge downline, perform a 1/4 knife-edge loop with 1/2 roll integrated into a forty five degree knife-edge downline, perform a one eighth knife-edge loop with 1/4 roll integrated, exit inverted.

**02 Figure Nine with roll, 1/2 roll in opposite directions:** From inverted, push through a 1/4 loop into a vertical upline, perform consecutively a roll and a 1/2 roll in opposite directions, push through a three 1/4 loop, exit inverted.

**03 Roll Combination with consecutive two 1/4 rolls, four consecutive 1/4 rolls in opposite direction, two consecutive 1/4 rolls in opposite direction:** From inverted, perform consecutively two consecutive 1/4 rolls, four consecutive 1/4 rolls in opposite direction, two consecutive 1/4 rolls in opposite direction, exit inverted.

**04 1/2 Loop with 1/2 roll integrated:** From inverted, push through a 1/2 loop while integrating a 1/2 roll, exit inverted.

**05 Pull Pull Push Humpty Bump with one and 1/2 snap rolls, 1/2 roll integrated, one and a 1/2 rolls:** From inverted, before centre pull through a 1/4 loop into a vertical downline, perform one and a 1/2 snap rolls, pull through a 1/2 loop with 1/2 roll integrated into a vertical upline, perform one and a 1/2 continuous rolls, push through a 1/4 loop, exit upright.

**06 Three Turn Spin with 1/2 roll:** From upright, perform a spin with three turns, perform a vertical downline, perform a 1/2 roll, pull through a 1/4 loop, exit upright.

**07 Horizontal Circle with three 1/2 rolls in opposite direction integrated:** From upright, perform a horizontal circle with 1/2 roll integrated in the first ninety degrees, 1/2 roll in opposite direction integrated in next one hundred eighty degrees, 1/2 roll in opposite direction integrated in the last ninety degrees, exit inverted. Note: First 1/2 roll is to the inside.

**08 Shark Fin with roll, two snap rolls in opposite directions:** From inverted, push through a 1/4 loop into a vertical upline, perform a roll, push through three eighths loop into a 45° downline, perform consecutively two snap rolls in opposite directions, pull through a one eighth loop, exit upright.

**09 Square Vertical Eight with 1/2 roll, roll, 1/4 roll, roll, 1/4 roll, roll, 1/2 roll:** From upright, pull through a 1/4 loop into vertical upline perform a 1/2 roll, push through a 1/4 loop, perform a roll, pull through a 1/4 loop into a vertical upline perform a 1/4 roll, perform a 1/4 knifeedge loop (towards the centre), perform a roll, perform a 1/4 knife-edge loop into a vertical downline, perform a 1/4 roll, push through a 1/4 loop, perform a roll, pull through a 1/4 loop into a vertical down line, perform a 1/2 roll, push through a 1/4 loop, exit inverted.

**10 Push Push Pull Humpty Bump with 1/2 roll, one and a 1/2 rolls:** From inverted, push through 1/4 loop into a vertical upline, perform a 1/2 roll, push through a 1/2 loop into a vertical downline, perform one and a 1/2 continuous rolls, pull through 1/4 loop, exit upright.

**11 Knife-edge Triangle with 1/4 roll integrated, 1/2 roll, 1/2 roll integrated, 1/2 roll, 1/4 roll integrated:** From upright, fly past centre pull through a 3/8 loop with 1/4 roll integrated into to a 45° knife-edge upline, perform a 1/2 roll, perform a 1/4 knife-edge loop with a 1/2 roll integrated into a 45° knife-edge downline, perform a 1/2 roll, perform a 3/8 knife-edge loop with a 1/4 roll integrated, exit upright.

**12 1/2 Eight Sided Loop with 1/4 roll, 1/4 roll:** From upright, pull through a one eighth loop into a 45° upline, perform a 1/4 roll, perform a one eighth knife-edge loop into a vertical upline, perform a one eighth knife-edge loop into a 45° knife-edge upline, perform a 1/4 roll, pull through a one eighth loop, exit inverted.

**13 Forty Five Degree Downline with two consecutive one and a 1/4 rolls in opposite directions:** From inverted, pull through a 1/8 loop into a 45° downline, perform consecutively two 1-1/4 rolls in opposite directions, push through a 1/8 loop, exit inverted.

**14 1/2 Square Loop with roll, 1/2 roll in opposite directions:** From inverted, push through a 1/4 loop into a vertical upline, perform consecutively a roll and a 1/2 roll in opposite directions, pull through a 1/4 loop, exit inverted.

**15 Avalanche (from top) with 1/4 roll integrated, snap roll, 1/4 roll integrated:** From inverted, pull through loop, perform a 1/4 roll integrated in the first ninety degrees of the loop, perform a snap roll at the bottom of the loop, perform a 1/4 roll integrated in last ninety degrees of the loop, exit inverted.

**16 Knife-edge Split S with 1/4 roll, 1/4 roll:** From inverted, perform a 1/4 roll, immediately perform a 1/2 knife-edge loop down, immediately perform a 1/4 roll, exit inverted.

**17 Stall Turn with 1/2 roll, three 1/4 rolls, three 1/4 snap roll, 1/2 roll:** From inverted, perform a 1/2 roll, pull through a 1/4 loop into vertical upline, perform 3 consecutive 1/4 rolls, perform a stall turn into a vertical downline, perform a 3/4 snap roll, push through a 1/4 loop, perform a 1/2 roll, exit upright. Note: Exit starts after the last 1/2 roll

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